Cheng Yu (成语):

The Cheng Yu are four character Chinese idiomatic expressions that were used in the ancient past and are still used today to express an idea, moral, or virtue. The Chen Yu typically are derived from a historical story, and therefore, the story must be told to understand the idiomatic expression. Having been handed down from generation to generation for over 2,000 years, these four character idioms have influenced generations and generations.